

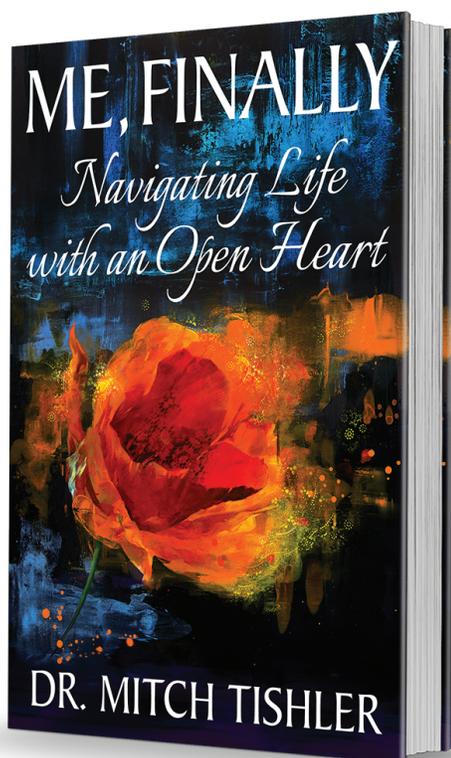


Presents:

A Meet and Greet with Author Dr. Mitch Tishler

Your Heart is calling you to be your fullest expression
calling you to be

Me, Finally



During this event Dr. Mitch Tishler will discuss how his recently released book *Me, Finally: Navigating Life with an Open Heart* supports us to develop simple skills for living life with greater ease.

Me, Finally is based upon Seeing With Heart™ - a paradigm shifting journey for cultivating inner peace, awakening the love of self, and living beyond fear - which Mitch has been sharing since 2000.

Mitch will also weave the deeply moving sounds of the harmonium - a hand pumped organ commonly found in traditional Indian music - into the experience.

Organic Market Dennis Port
640 Main Street, Dennis Port MA

12-4pm
January 29th